

Volume 13 Number 1 (01/12)

Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

Contact Information

SaySo, Inc. c/o ILR, Inc. 411 Andrews Rd., Ste. 140 Durham NC 27705 Phone: 800-820-0001 Fax: 919/384-0338 Web Site: www.saysoinc.org Email: sayso@ilrinc.com

Board of Directors:

Marcella M. (Co-Chair) Region 4 mmarcella22@gmail.com Kelley T. (Co-Chair) Region 1 kell.bby loveya@yahoo.com Erica F. Region 4 (Secretary) laylabrooks61@yahoo.com **Damonique L.** (Treasurer) damoniques a cutie@vahoo.com Shaquanda G. Region 2 (Sgt. Of Arms) dukechik93@vahoo.com Kalyn D. Region 6 denb6998@student.brunswickcc.edu Roman R. Region 6 ryssromann@gmail.com Corae H. Region 3 miss_0627@yahoo.com Tressina J. Region 3 tressinajordan@yahoo.com Patrick Y. Region 3 patrickfirepat@aol.com Sarah H. Region 5 sarah.pearl.heard@gmail.com Mahdi K. Region 4 mahdikent@yahoo.com Katie Q. Region 2 squeen643@gmail.com David R. Region 1 davidrosario13@yahoo.com Shanita T. Region 5 brooklynn 1994@yahoo.com Titianna G. Region 5 titianna2011@yahoo.com

This Month's Inspirational Quote: "The ache for home lives in all of us, the safe place where we can go as we are and not be questioned." ~Maya Angelou

Attention: North Carolina Foster Youth LINK-Up Youth Conference January 28, 2012 Cape Fear Community College (North Campus) Castle Hayne, NC 9:00 a.m. – 3:30 p.m.

The day will be filled with great information and fun activities for both youths and adults. Morning workshops will be followed by lunch and afternoon O-LINK-Pic Games. Participants will receive all conference supplies, door prizes, terrific workshop information, lunch, and refreshments. **Youth participants will also receive an end of day gift!**

Register online at <u>www.saysoinc.org</u> !!!!!!





SaySo's Spotlight Rising to the Top

By Julia C., SaySo Alumnus For me it's about setting actual attainable goals. People are going to say a lot of stuff and attach stigmas to foster children. But stereotypes, once they are created, are designed to be destroyed by the people they are attached to, not the people who created them. Foster Care should be apart of you who you are, not all of who you are.

I always write down a list of goals and I check them off as I complete them. I re-write the list with both my old and new goals so I can see my accomplishments.

Having Our Sayso, Strong Able Youth Speaking Out



-Here is this month's good news:

-Mark your Calendars-SaySo Saturday, our 14th birthday party and family reunion will be on March 3, 2012.

-In 2011 SaySo had (2) Board Members graduate from high school

-We currently have (4) Board Members enrolled in college

- SaySo has updated our websitecheck it out!

-SaySo now has a Twitter and Facebook account.

-We are expecting bigger and better things as we continue to grow in 2012!

Tell us what your local chapter is up to for our next edition of "Having Our Say"



SaySo Staff

Executive Director: Nancy Carter

Program Coordinator: Lauren Zingraff

Assistant Program Coordinator: Chaney Stokes

Now Hiring-SaySo Regional Assistants

Are you a Strong, Able Young Person who wants to Speak Out! Are you a person who enjoys making a difference? If so, we have a job just for you.

A SRA will provide regional support for SaySo to promote and enhance:

- Local chapter development
- Speaking engagements for adult/youth trainings & other LINKS events (SaySo approved),
- Participate in activities outside of regional by SaySo permission or invitation
- Increase overall membership in assigned region assigned

To Qualify for a SRA Position:

- Age: 18 26 years.
- High school diploma or GED if involved in additional educational training.
- Reliable transportation (own vehicle).
- Must have email and cell phone.
- Be fun, motivated, and professional!

For more information, please contact us at <u>saysoinc@ilrinc.com</u>. Or call us at 800-820-0001

SRA Testimonial:

As a SaySo alumnus, I have taken on responsibilities that allow me to demonstrate my passion for youth advocacy. Being a SRA allows me to utilize resources that not only can help me, but others as well. I get to enjoy traveling with the board members and, on occasions, I travel to speaking engagements and important meetings that will further the purpose of SaySo. Not to mention, I get PAID to do what I feel so strong about, advocating for those who may not be able to advocate for themselves. I would encourage those with passion, a sense of responsibility, and a strong voice, to become a SaySo Regional Assistant. I LOVE IT!!!!!!! Nicole L.